

SOLFEGE WARM-UPS

Going above and below DO

1
 do re mi fa sol fa mi re do ti la ti do

Tuning FA and MI

2
 sol fa mi fa mi fa mi fa sol fa mi re do

Adding LA

3
 do mi sol la sol mi do

Tuning TI

4
 do ti la sol fa ti do ti la sol fa ti

do ti la sol fa sol la ti do sol do

Tuning all the intervals (go slowly)

5
 do re do mi do fa do sol do la do ti do do do

ti do la do sol do fa do mi do re do do

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Fun with Solfege

For variety, substitute numbers for solfege syllables.
 This can also be sung in a multi-part round.
 For added concentration, have singers clap on every "Do".

6

Do, do re do, do re mi re do, do re mi fa mi re do, do re mi fa

sol fa mi re do, do re mi fa sol la sol fa mi re do, do re mi fa sol la

ti la sol fa mi re do, do re mi fa sol la ti do ti la sol fa mi re do,

do, do ti do, do ti la ti do, do ti la sol la ti do, do ti la sol

fa sol la ti do, do ti la sol fa mi fa sol la ti do, do ti la sol fa mi

re mi fa sol la ti do, do ti la sol fa mi re do re mi fa sol la ti do.

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